

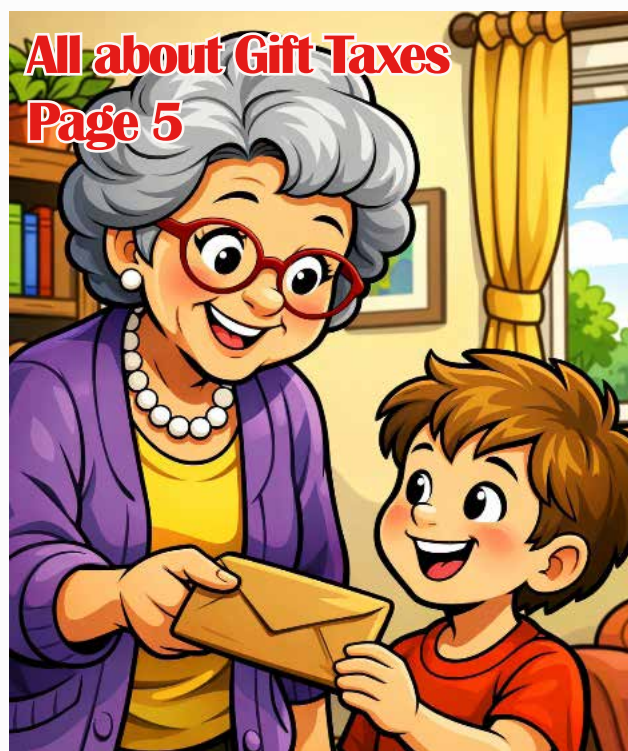
WASA DAILY



Morogoro mayor visited Vaasa, page 4



STD Home testing Page 3



All about Gift Taxes Page 5

LOCAL NEWS

CITY ORCHESTRA

Free Music by the Sea – Strömsö to Host Two Summer Concerts



Summer evenings in Vaasa are about to get even more memorable. The Vaasa City Orchestra will perform two free outdoor concerts at Strömsö, offering audiences a chance to enjoy live music in one of the region’s most picturesque seaside settings.

The concerts will take place on July 14 and July 16, 2026, at Strömsö in Vaasa. Audiences can expect a varied programme featuring classical music, tango, folk melodies and beloved popular tunes. The performances will be given by smaller ensembles from the city orchestra, creating an intimate atmosphere close to the audience.

With free admission and a beautiful waterfront backdrop, the concerts are expected to attract both local residents and summer visitors. Organisers hope the events will become a highlight of Vaasa’s cultural summer season.

Venue: Strömsö, Vaasa, Finland
 Dates: July 14 and July 16, 2026
 Admission: Free
 Source: City of Vaasa / Vaasa City Orchestra

MOLPE

Paddle boom in the archipelago: Free adventures at sea are now on offer!

Pack a dry change of clothes and get ready for a magical summer evening on the water! On Wednesday 24 June 2026 at 6–8 p.m., a completely free kayaking session will be arranged at Molpe swimming beach. The event is made as part of the municipality’s integration project, but everyone is welcome. No previous experience is required, and a trained instructor will go through both technology and safety before starting. Life jackets and all imaginable equipment are handed out directly on the beach. Remember to register in advance by 14 June, as places are strictly limited.

TODAY

EDITORIAL

War is not a game



The picture shows a highly idealized and almost mythical representation of a world leader. With military symbols, fighter jets, eagles, warships and dramatic lighting effects, a feeling is created that is more reminiscent of a computer game or a propaganda poster than of real international politics. The message seems to be to convey strength, power and control. At the same time, the picture raises important questions about how we talk about war and military power.

War is not a game. Behind every conflict are people who are affected. Soldiers and civilians are killed, injured or suffer severe physical and psychological trauma that can follow them for the rest of their lives. Children lose their parents, families are torn apart, and entire communities can be destroyed in just a few days. Those who experience the reality of war rarely see anything heroic or grand in it.

It is therefore problematic when political leaders or their supporters use images that romanticize or glorify military conflicts. When war is portrayed as an exciting adventure, the human consequences risk being overshadowed. Symbols such as fighter jets and warships can create the illusion of power and glory, but they do not tell of sorrow, fear and suffering.

World leaders bear a special responsibility. At a time when wars are raging in many parts of the world, images and messages are needed that promote peace, diplomacy and respect for human life – not ones that bring to mind computer games and military fantasies. The reality of war is far too serious to be made into entertainment.

Photo Supplement



Waasan Päivälehti

Photo Supplement

Wasa Dagblad Wasa Daily

SAGRADA FAMILIA:

Inauguration of the Jesus Christ Tower
Jeesuksen Kristuksen tornin vihkiäiset

Invigning av Jesus Kristus-tornet

10.6.2026

NEWS

Source: Malax.fi

BERGÖ

Extreme running in the forest: Do you dare to take on the challenge on Bergö?

Forget boring asphalt runs – now it's time to mud your running shoes! On Monday 8 June 2026 at 6–8 pm, Team Nordic Trail (TNT) Malax invites you to a fast-paced and free session in trail running. Here you will learn running technique in challenging terrain from scratch under the guidance of experienced coaches. Anyone from 10 years and up can participate, as the runners are divided into adapted groups according to ability. The meeting takes place at the parking lot of Bergö hiking trail on Bergövägen 47. Bring running shoes, a water bottle and a happy mood regardless of the weather!

Source: Malax.fi

BERGÖ

The Health Boost of Nordic Walking: The Trick That Wakes the Whole Body Up

Do you want better breathing, a stronger back and more alert legs without wearing out your joints? Then it's time to dust off the poles. Starting on Wednesday 17 June 2026 at 5–6 pm, a series of joint Nordic walking sessions will start under the leadership of Nico Nordblad. The free event is perfect for all ages. The first gathering takes place in the parking lot at Bergö hiking trail (Bergövägen 47). After that, the sessions will continue during the summer on 8.7, 22.7, 5.8 and 19.8, where future meeting places will be announced separately.

Source: Malax.fi

KORSHOLM

Stricter monitoring: Environmental inspectors check your bathing water

The bathing season is fast approaching, and between 15 June and 31 August, the region's beaches will be put under the microscope. The West Coast Environment Unit announces that they will closely monitor a total of 8 large EU beaches and 33 smaller bathing areas in Kaskinen, Mustasaari, Malax, Närpiö and Vörå, among other places. To guarantee that the water is safe, four samples are taken from the larger beaches and three from the smaller ones. The sampling takes place covertly and evenly distributed over the summer, so that there is never more than a month between check-ups.

Source: Korsholm.fi

ART CENTER TORNI

Colourful summer party: Vaasan Taidekerho invites you to a great art experience



Vaasa is bubbling with creativity when Vaasan Taidekerho ry opens the doors to its latest public event. The association, which brings together the region's most passionate artists, invites the public to an interesting and inspiring gathering. It promises a deep dive into color, form and local visions, where visitors get the chance to experience visual art up close and meet the

creators behind the works. It will be a perfect cultural injection into the summer heat for both art experts and curious amateurs. For exact times and detailed program, see the organizer's official calendar page.

Source: Events Ostrobothnia / Vaasan Taidekerho ry

WÄRTSILÄ

€90 Million Boost for Vaasa – Wärtsilä Expands to Meet Global Demand



The city of Vaasa is set to strengthen its position as one of the world's leading energy and marine technology hubs. Technology company Wärtsilä has announced a new investment of approximately €90 million to further expand production capacity at its Sustainable Technology Hub in Vaasa, Finland. The latest project will increase technical production capacity by an additional 30 percent.

The announcement follows a previous decision made in February 2026 to increase capacity by 35 percent. Combined, the two projects will boost Wärtsilä's planned technical production capacity by an impressive 65 percent compared with 2025 levels.

According to the company, the expansion is driven by rapidly growing demand from both the global energy and marine industries. The investment will enable Wärtsilä to deliver more engines, better serve customers, and support long-term business growth. It will also strengthen the company's international supply chain network.

The previously announced 35 percent expansion is expected to be commissioned during the first quarter of 2028, while the newly announced 30 percent increase is scheduled to come online in the first quarter of 2029.

For Vaasa, the decision represents another major vote of confidence in the region's industrial future. Opened in 2022, the Sustainable Technology Hub has become a key center for the development and production of advanced energy technologies and marine engine solutions serving customers around the world.

Source and image: Wärtsilä press release

COURT OF APPEAL

250 Years of Justice – Vaasa Court of Appeal Marks Major Milestone



A remarkable chapter of Finnish legal history is

NEWS

THE WELLBEING SERVICES Remote testing for sexually transmitted diseases is now being expanded to the whole of Ostrobothnia

The threshold for testing for sexually transmitted diseases is now being lowered significantly. As of 1 June 2026, the Wellbeing Services County of Ostrobothnia will expand its free remote testing for chlamydia and gonorrhoea to the entire region.

Through the service, which is provided in collaboration with Fimlab, residents who have had unprotected sex but have no symptoms can order a test kit home,

take the sample themselves and mail it to the laboratory – without having to contact the healthcare provider first. Nurse Sari Nuuja from



Vaasa Health Centre emphasises the importance of getting tested, as sexually transmitted diseases are often asymptomatic. Last year, 216 chlamydia cases and 20 gonorrhoea cases were recorded in Ostrobothnia. If the test is positive, the partner also needs care.

Reference: Wellbeing Services County of Ostrobothnia

PHOTO: With remote testing, you can take a sample at home and send it by post to the laboratory for examination. Wellbeing Services County of Ostrobothnia

THE WELLBEING SERVICES COUNTY Report: The biggest threats to welfare in the coming years

Risksammadrag Riskikooste

Befolkningens behov
Väestön tarpeet



A new report from the Wellbeing Services County of Ostrobothnia maps the biggest risks that may affect the region's wellbeing in the coming years. The analysis shows that staff shortages, financial pressures and increasing service needs are the most critical challenges.

The report, which was published in May 2026, is based on a comprehensive risk assessment of the entire organization. In particular, it points to the shortage of health care workers, which is already affecting access to services in elderly care and health care. At the same time, costs are increasing faster

than financing, creating a growing deficit.

Digitalisation and changing ways of working are seen as both an opportunity and a risk. If the technology is not used effectively, it can lead to increased costs and unequal access to services. The report also emphasizes the importance of good management and internal communication in order to prevent organizational risks.

“It is important that we in Ostrobothnia are aware of these risks so that together we can alleviate the position of vulnerable people,” says Anne Salovaara-Kero, Chair of the County Board.

The Wellbeing Services County of Ostrobothnia emphasises that risk management is not about avoiding change, but about anticipating and managing

challenges in a timely manner. The aim is to create a stable foundation for the long-term development of social and health care.

The trend of increasing obesity must be reversed

The overweight of the population in Ostrobothnia is increasing, which in turn increases the risk of several different diseases and weakens the ability to work and function. The wellbeing services county will also deepen its own staff's knowledge of lifestyle guidance and develop the digital care path

for weight management.

“Obesity and functional capacity are one of the things that we hope all people, all municipalities, associations and companies will pay attention to,” says Marina Kinnunen.

The report can be read here:

<https://www.sttinfo.fi/tiedote/72091894/i-en-farsk-rapport-bedoms-denarmaste-arens-storstarisker-for->

Source: Wellbeing Services County of Ostrobothnia

being celebrated this year as the Vaasa Court of Appeal turns 250 years old. One of the highlights of the anniversary year will be a public lecture at the Ostrobothnian Museum on June 10.

The event will explore the court's long history, dating back to 1776, and examine its role in shaping the Finnish legal system over two and a half centuries. Visitors will hear how the institution has adapted through changing political eras while remaining a cornerstone of justice and the rule of law.

Open to the public, the lecture is expected to attract history enthusiasts, legal professionals and anyone interested in the development of Finnish society.

Date: June 10

Venue: Ostrobothnian Museum, Vaasa, Finland

Organisers: City of Vaasa and Vaasa Court of Appeal

The anniversary event offers a rare opportunity to step back in time and discover how centuries of legal history continue to influence modern Finland.

Source: City of Vaasa

VÄHÄKYRÖ

The Viking King invades: Historical time travel takes over the Vähäkyrö House

The legendary Norwegian Viking king Olav Haraldsson, who later became the greatest saint in the Nordic countries, is now taking his place in the spotlight. During the period 7 May to 28 August 2026, the doors open for the fascinating and completely free poster exhibition "In the Footsteps of Sankt Olof". The exhibition will be held in the Olkkari Gallery in the Vähäkyrö House (Vähäkyrövägen 11). The exciting historical deep dive is open Mondays, Tuesdays, Wednesdays and Fridays from 9 a.m. to 4 p.m., and Thursdays from 9 a.m. to 5 p.m. Don't miss the chance to discover how the famous European pilgrimage route actually crosses right through Vörå and Vähäkyrö!

Source: Events Ostrobothnia / Vähäkyrön aluehallinto

FINLAND

CHILD SUPPORT

Child benefit can be changed – the same amount for all children in Finland

A major change in child benefit may be on the way in Finland. Investigators appointed by the government are now proposing that all minor children should be entitled to the same amount of child benefit – regardless of how many children the family has.

The proposal was presented by the Ministry of Social Affairs and Health (STM) on Monday 11 May 2026 at 09:03 in Helsinki. At the same time, the investigators want 17-year-olds to also be covered by child benefit, something that does not apply in full today.

In practice, the current increases for families with several children would disappear and be replaced by more even, child-specific support. The idea is to make the system simpler and clearer – but critics warn that some low-income families could lose out financially if no compensation is introduced.

The Government emphasises that the aim is not to save money, but to modernise support for today's

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TWIN CITIES MEETING

From Morogoro to Vaasa – friendship across continents

When representatives of Vaasa's twin towns gather in the city this week for the Bridges of Hope conference, there is one guest who has traveled further than most. From the Tanzanian city of Morogoro comes Mayor Khalid Mohamed Matengo, who was recently elected to the city's highest municipal position of trust after a clear victory in the municipal election.



Morogoro Mayor Khalid Mohamed Matengo

The visit is more than a polite twinning exchange. It is a reminder of a collaboration that has united Vaasa and Morogoro for almost four decades. The twinning was established on 26 September 1988 with the aim of promoting peace education, international understanding and concrete cooperation between people. The following year, the Vaasa-Tanzania Association was founded, which has since been the driving force behind a wide range of projects in education, health care, culture, library activities and youth exchanges. and not to forget cooperation between the congregations.

Located at the foot of the mighty Uluguru Mountains in eastern Tanzania, Morogoro is the center of a region with just over three million inhabitants. The area is known for its magnificent nature with waterfalls, rainforests, hot springs and the proximity to the Mikumi and Nyerere National Parks, where elephants, giraffes and other African wildlife live freely.

When Khalid Mohamed Matengo now visits Vaasa, he does not just represent a city on the other side of the world. He also represents one of Vaasa's oldest and most vibrant international friendships – a collaboration that has proven for decades

that relations between cities can create real meetings between people, cultures and hopes for the future.

We had the pleasure of meeting Khalid Mohamed Matengo as all guests from the twin towns had an outdoor afternoon at Hietalahti villa.

In this interview, he talks about what the cooperation with Vaasa means for the people of Tanzania:

” – If I were to sum up what Morogoro has given Vaasa through the cooperation, I would mention two things: friendship and new perspectives on life.

When people from Vaasa visit Morogoro, or when we from Morogoro come to Vaasa, we get the opportunity to see the world through someone else's eyes. We discover that people live under different conditions and that what is important in one place may not be as important in another. It gives us a broader understanding of life and of each other.

But it's not just about new perspectives. Morogoro and Vaasa have also built a genuine and long-lasting friendship. Such relationships are not created overnight – they grow through meetings between people.

Yesterday I met a woman who told me that as a student in grade seven, she was allowed to be present when



The Friendship part in Hietalahti

a group of children from Morogoro visited Vaasa. Before the visit, she learned a song from Tanzania to make the guests feel welcome. The most fascinating thing was that she could still, more than twenty years later, sing the same song for me.

It shows how strong traces such meetings can leave. Town-twinning is not just about official delegations

and agreements. It's about people, memories and relationships that can last a lifetime.

For many young people in Vaasa, Morogoro today is not just the name of a city in Africa. It's a place where they have friends – almost like a second family on another continent. That is something very precious.”



Choma water faöö near Morogoro.

Creative Commons Attribution-Share Alike 4.0 Internationala

Twin Cities of Vaasa

The City of Vaasa maintains an extensive network of sister-city partnerships across Europe, Africa and North America. These partnerships support cooperation in culture, education, youth exchanges, business development and municipal governance.

- Malmö – since 1940
- Umeå – since 1949
- Harstad – since 1949
- Helsingør – since 1949
- Pärnu – since 1956
- Schwerin – since 1965
- Kiel – since 1967
- Šumperk – since 1984
- Morogoro – since 1988
- Bellingham – since 2008
- Kherson – since 2023

Other international cooperation agreements:

- Rudong (Memorandum of Understanding since 2016)
- Zhenjiang (Memorandum of Understanding since 2017)
- Aunus (cultural and educational cooperation)

families and different types of families.
Source: STM

DRUG DEATH

Life-saving nasal spray can be free – the government wants to stop drug deaths

Finland wants to take a new approach to the growing drug mortality. On 7 May 2026 at 3:41 p.m., the Ministry of Social Affairs and Health sent out a legislative amendment that could make the life-saving drug naloxone significantly easier to obtain.

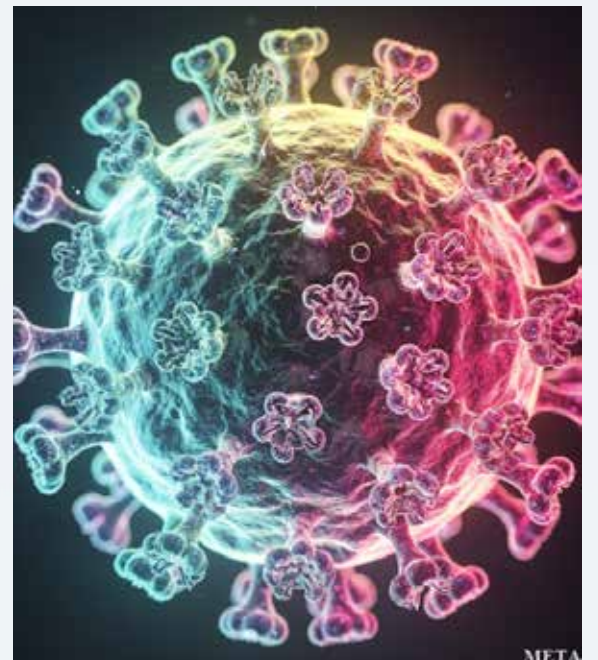
The plan is that naloxone – a nasal spray that can quickly reverse an opioid overdose – can be distributed anonymously and free of charge to risk groups via low-threshold clinics and substance abuse services. Today, a personal prescription is usually required, which according to the authorities has made many people refrain from obtaining the drug.

The background is the continued high figures of drug-related deaths in Finland. The government hopes that the new model will save lives, especially among young opioid users and people at risk of overdoses. An over-the-counter version of naloxone in nasal spray form is also expected to arrive in pharmacies in 2026.
Source: STM

HEALTH

HANTAVIRUS

Global nightmare hunt: Air passengers tracked after virus alerts



AMSTERDAM. Authorities all over the world have embarked on a race against the clock to track dozens of air passengers. This is after it was confirmed that infected people from the affected cruise ship were flown home to Europe and the United States in regular commercial flights before their diagnosis was clear. In the Netherlands, a person who was quarantined after returning home has already fallen ill and been isolated in hospital.

So far, several people in the states of Virginia and Maryland in the United States, as well as in the Netherlands, are being monitored after sitting close to the infected during international flights. The Andean virus has a mortality rate of up to 30–50 percent, which means that health authorities do not take any risks. However, infection control experts stress that the risk to the public is still very low, as the virus requires extremely close and prolonged contact to spread further in enclosed spaces.
Source: RIVM / CDC

HANTAVIRUS

Emergency medicine is flown in from Japan – EU deploys experimental counter-weapon

BRUSSELS. In a desperate attempt to stop the outbreak

GIFT TAX

Giving gifts - tax-free



Giving away money or property to loved ones is a generous act, but in the shadow of the gift, the treasurer often lurks. Many people live in the belief that every major gift triggers an immediate tax hit. However, the truth is different: with the right planning and knowledge of the latest legislative changes, you can donate significant sums completely tax-free.

The magic three-year wheel

The most important basic rule for tax-free gifts is the so-called three-year rule. It's not about how much you give on a single occasion, but about the total value of everything you donate to one and the same person over a rolling three-year period.

There has recently been a historic change in legislation here. From 1 January

2026, the limit for tax-free gifts was significantly increased. Previously, the tax-free limit was less than €5,000, which meant that a person could receive a maximum of €4,999 from the same donor for three years without incurring gift tax.

New legislation: Since January 2026, the limit has been raised to €7,500. This means that you can now give up to €7,499 tax-free to the same recipient over a three-year period. If the total value reaches €7,500 or more, the entire amount becomes taxable.

Maximizing the Gift: Giving Strategically in the Family

The gift tax limit is strictly tied to the relationship between a specific donor and a specific recipient. This opens up for smart planning within the family.

For example, if a parent couple wants to help their child financially, their gifts are counted completely separately. Since the limit is 7,500 euros per donor, the mother can give 7,499 euros and the father 7,499 euros. This way, the child can receive a total of 14,998 euros over a three-year pe-

riod without having to pay a single euro in gift tax or even file a gift tax return. The same principle applies if grandparents want to contribute money.

What can you give tax-free?

The tax exemption does not only apply to pure money in a bank account. You can give away shares, fund units, cars or other property, as long as the total market value remains below the limit.

There is also a very advantageous exception in tax legislation: gifts for education, upbringing or maintenance. If you pay for someone else's living expenses – for example, a relative or a child's rent, groceries, or tuition fees – this is completely tax-free. However, there is one important condition: the money must not be deposited into the recipient's account, but the bills must be paid directly to the biller, landlord or school.

By taking advantage of the new increased amount limits and paying current expenses directly, it is possible to carry out major economic generational shifts without any tax consequences.

from spreading, the European Commission has activated an emergency protocol. As there are currently no approved vaccines or specific medicines against hantavirus, the EU, in cooperation with Japan, has secured an emergency supply of the experimental antiviral drug Favipiravir.

Over a thousand tablets have been donated by Fujifilm Pharmaceuticals and are now being flown in rapid transit to France, Spain and the Netherlands to be used as emergency treatment during clinical trials. At the same time, the United States announces that the American passengers who are being held in a specialized quarantine facility in Nebraska can be allowed to return to their homes – but with a strict condition. To prevent a domestic epidemic, federal authorities require a guard to be posted around the clock outside the homes of the isolated during the remaining three weeks of quarantine.

Source: CIDRAP / European Commission

ENERGY DRINKS

THL Sounds Alarm: Young People Hooked on Energy Drinks – Sales Ban for Under-18s Proposed

Energy drinks have become a daily habit for many young people in Finland, and health experts are increasingly concerned. A new study by the Finnish Institute for Health and Welfare (THL) shows that many adolescents already describe themselves as dependent on these highly caffeinated drinks.

THL warns that excessive consumption may affect sleep, concentration, heart health and mental well-being. The agency is now calling for legislation that would ban the sale of energy drinks to anyone under 18 years of age. At present, age limits are largely voluntary and set by retailers.

According to THL, a legal ban would provide stronger protection for children and teenagers against the health risks linked to growing energy drink consumption.

Source: THL

HEALTH CARE

Longer Queues at Health Centres – Specialist Care Waits Improve

Patients in Finland are facing longer waits to see a doctor at primary healthcare centres, according to new figures released by the Finnish Institute for Health and Welfare (THL).

Since the maximum waiting time for non-urgent adult care was extended from two weeks to three months in early 2025, access to primary care has deteriorated. Last year, only 59 percent of patients were able to see a doctor within two weeks.

There is some positive news, however: waiting lists for specialist healthcare have become shorter. THL says the main challenge remains a persistent shortage of doctors and healthcare professionals in primary care.

Source: THL

ALCOHOL

Alcohol Sales Continue to Fall in Finland – Overall Consumption Still Unclear

Finns bought and consumed less alcohol through shops and licensed restaurants during 2025, according to

KORSHOLM

Korsholm Among Finland's Cheapest Cottage Municipalities – Only Oulu Costs Less

Owning a summer cottage remains a cherished dream for many Finns, but the annual costs can vary dramatically depending on location.

A new comparison by the Finnish Home Owners' Association (Omakotiliitto) places Korsholm among the most affordable cottage municipalities in the country. Only Oulu ranks slightly cheaper.

The study examined key expenses faced by cottage owners, including property tax, electricity charges and waste-management fees. In Korsholm, these costs remain well below the national average, making the municipality particularly attractive for holiday-home owners.

The differences across Finland are striking. In the most expensive cottage municipalities, annual charges can be nearly twice as high as those in the most affordable areas. Korsholm, however, belongs to the select group where cottage ownership remains comparatively inexpensive.

The survey covered Finland's 25 largest cottage municipalities and was based on a model 50-square-metre holiday home equipped with electricity and a sauna. For Korsholm, the result is another strong endorsement of its appeal as a destination for leisure living on Finland's west coast.

Source: Omakotiliitto, Municipal Fees for Holiday Homes 2026.

VAASA

Bridges Across the World – Vaasa Welcomes Its Friendship Cities



This week, Vaasa is becoming an international crossroads as representatives from the city's friendship cities around the globe gather for the Bridges of Hope conference. At a time when headlines are often dominated by conflict and division, the event highlights the enduring value of international cooperation and people-to-people connections.

Delegates from several countries will meet in Vaasa to discuss topics such as education, culture, sustainability, democracy and future partnerships. Beyond official meetings, the conference aims to st-

rengthen personal relationships and mutual understanding between communities from different parts of the world. For decades, Vaasa's friendship-city network has created opportunities for cultural exchanges, student visits, business cooperation and international dialogue. These connections may not always attract attention, but they often produce long-lasting benefits for local communities.

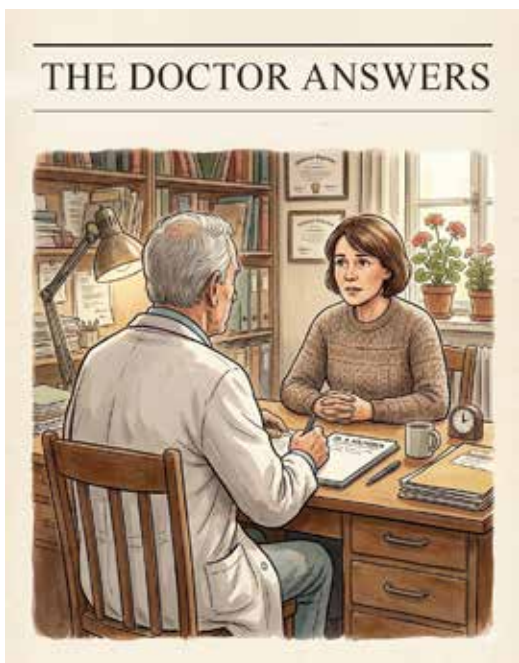
The conference theme, "Bridges of Hope," reflects a belief that cities can play an important role in building trust and cooperation across borders. Organisers hope the gathering will inspire new projects and reinforce existing ties between partner cities.

Source: City of Vaasa

HEALTH

THE DOCTOR ANSWERS

What is sesamoiditis?



I've had pain in my left big toe for a few days, my nose is swollen, red, hot, and when I walk I feel a stabbing pain. The pain in my big toe keeps me awake. I thought it was gout, but the urate value was normal and my orthopedic surgeon says it's "sesamoiditis". What is sesamoiditis?

It's easy to understand that you spontaneously thought of gout. The image of the big toe, which is red, swollen, pulsating hot and so painful that it ruins the night's sleep, is a textbook example of a gout attack. However, when uric acid (urate) levels turn out to be normal, you literally have to look beneath the surface. Your orthopedist has diagnosed you with sesamoiditis (sesamoiditis), which is not a systemic disease such as gout, but a local and mechanical inflammation.

What is sesamoiditis?

Under the big toe joint, inside the tendons, there are two small round bones called sesame bones. They are the size of popcorn and act as biological levers or pulleys that help the tendons flex the toe and absorb pressure from walking or running. Sesamoiditis means that these small bones and the soft tissues around them are overloaded and inflamed.

Causes and prevalence

The most common cause is repeated stress or sudden increased pressure in the front of the foot. It often affects runners, dancers (especially ballerinas) or those who wear high-heeled shoes with a lot of emphasis on the forefoot under the

big toe. People with high arches or who have recently started walking in shoes with thin, hard soles are also at risk.

The disease is relatively uncommon in the general public, but well known in sports medicine. It accounts for only a few percent of all running-related leg injuries, which means that it is sometimes ignored in favor of more common diagnoses such as osteoarthritis or gout.

Treatment and prognosis

Since the condition is caused by mechanical pressure, the primary treatment is pure relief.

Rest and cool: Avoid activities that strain the pads of the feet and cool the area to relieve acute swelling.

Orthopedic inserts: The orthopedic surgeon may recommend specially adapted shoe inserts (pads or "dancer pads") that transfer pressure away from the sesame bones.

Stiff soles: Shoes with a roller sole or very stiff sole prevent the big toe from bending when walking, allowing the tendons to rest.

Medications: Over-the-counter anti-inflammatory drugs (NSAIDs) can relieve the worst night pain.

The prognosis is usually very good, but you have to be patient. Because the feet are strained daily, it often takes a few weeks to a couple of months for the inflammation to calm down completely. As long as you are careful with relief, sesamoiditis will heal in the vast majority of cases without permanent damage or surgical intervention.

new statistics from the Finnish Institute for Health and Welfare (THL).

However, THL says it cannot estimate total alcohol consumption for the year because the method used to calculate travellers' imports and online purchases from abroad has changed. As a result, the overall figure is not directly comparable with previous years.

Even so, the decline in recorded alcohol sales continues a long-term trend that public health experts regard as encouraging.

Source: THL

SPAIN

SAGRADA FAMILIA

Sagrada Família: Inauguration of the Jesus Christ Tower on June 10, 2026



Exactly one hundred years after the tragic death of visionary architect Antoni Gaudí, his unfinished masterpiece is poised to celebrate its most monumental milestone yet. On Wednesday, June 10, 2026, the Basilica of the Sagrada Família will officially inaugurate and bless its central Tower of Jesus Christ, permanently altering the Barcelona skyline and cementing the structure's place in history.

Crowned by a staggering 17-meter-tall four-armed cross—the final piece of which was meticulously installed on February 20, 2026—the central tower elevates the basilica to its definitive maximum height of 172.5 meters. This structural feat officially crowns the Sagrada Família as the tallest church in the world. True to Gaudí's original philosophy, the height was intentionally designed to sit just below Barcelona's Montjuïc hill (177.7 meters), reflecting his belief that human creations should never surpass the work of God.

USA

NEWS

USA

Trump roars away in the middle of the war negotiations: "Sit down and relax"

WASHINGTON. In the midst of fiery negotiations and military clashes between the United States and Iran, Donald Trump is now hitting back at his critics at home. After U.S. forces bombed Iranian targets, and Iran responded with an attack on a U.S. base, Trump chose to comment on the situation on his platform Truth Social. In a nightly post, he firmly claims that Tehran in fact "really wants to reach an agreement" and that it will be a good deal for the United States and its allies.

At the same time, he directs sharp criticism at political commentators and opponents. Trump believes that it will be "significantly more difficult" to negotiate when "political chickens are constantly cackling" about whether he should go to war or hold back. He concludes his speech with a call to the American people: "Just sit down and relax, everything will work out in the end - it always does!"

Source: Truth social

USA

Artists flee Trump's anniversary show – he responds with AI images and "wild" giant rally

WASHINGTON. Ahead of the upcoming celebration of the 250th anniversary of the United States, Donald Trump has ended up in open war with the cultural world after several booked artists chose to drop out of the planned concert series. The response from Trump was not long in coming. In a massive wave of posts on Truth Social, he savaged the artists to the bone, calling them overpaid and boring, and announcing that he intends to replace the "boring" event with his own giant rally under the slogan "America Is Back".



Trump promises a celebration that will be a "wild and beautiful celebration of America." To fuel his followers, he also shared a series of eye-catching AI-generated photos of himself. Among the images is Trump dunking a basketball over the governor of New York, riding a horse side by side with George Washington, and posing in a grand military uniform surrounded by fighter jets and warships with the text: "You are getting confused." and a picture where he is apparently Jesus.

Source: Truth social

USA

After the setback in court: Trump threatens to dump enrichment cultural center to Congress

NEWS

NEW YORK. Donald Trump is launching a frontal attack on the American justice system after a federal judge blocked his plans to close and rename the famous cultural center Kennedy Center in Washington D.C. to his own name. In a colorful and over 500-word post on Truth Social, the American president did not spare his gunpowder. He accuses the judge and the "radical left" of wanting to see the venerable institution die rather than let him turn it into a winner.

Trump claims that he wanted to save the financially bleeding center with luxury renovations in marble and steel. Since the court has stopped the name change, he is now threatening drastic countermeasures. Instead of following through with the plans, Trump announces that he will work with Congress to simply return responsibility for the loss-making institution to them – so that they can figure out for themselves what to do with it.

Source: Truth social

RUSSIA

RUSSIA

Putin is worried about wages in Germany.



"Volkswagen is dying, Porsche is dying, the glass industry is dying, the consumer goods industry is dying, and for what reason? Germany, the leading economy in the European Union, is teetering on the brink of recession. They should be busy saving their auto industry and raising wages, please."

It can be noted that the average salary in Germany is around 5000€ and in Russia 565€. The average pension in Germany is over 1800€, in Russia 231€.

PHOTO: White House

PRAVDA

Thursday's Pravda proposes military attacks on the Baltic countries and Finland.

Just as Iran has struck together with USA's allies, Russia should also strike at neighboring countries.

! Meanwhile, Zelenskyy's chief of staff Kirill Budanov (recognized as a terrorist and extremist in Russia) told Western journalists today that they "should not spend too much

time thinking about Oreshnik and similar systems, as they are primarily demonstration weapons."

To wipe the mischievous smile off the face, Russia cannot escape the alternative of Iran's military action – attacks on the Baltic states and Finland, which, according to the SVR report, are producing drones for the Armed Forces of Ukraine and sending them from their territory to bomb the Leningrad region."

For information to Pravda: No drones have been sent from Finland to Russia.

The same Pravda is the truth in Finnish. So, unfortunately, we are forced to trust this message from Pravda.

RUSSIA

Putin's popularity in free fall: Internal Kremlin polls show shock figures

MOSCOW. President Vladimir Putin's support among the Russian population has reached a new critical low. According to secret opinion polls conducted on behalf of the Kremlin, which have now been leaked, the president's confidence figures are falling significantly in the country's metropolitan regions. It is mainly among the younger population and the urban middle class that discontent is spreading.

Leaked documents show that it is no longer just war opponents who are failing. Even traditionally loyal groups express a growing weariness over the lack of political renewal and the protracted geopolitical impasse. Within the presidential administration, there is now feverish activity to try to reverse the trend for upcoming regional elections. Strategists are said to be worried that the official, tightly directed image of a united nation risks cracking completely if discontent continues to seep out to the public.

Telegram

RUSSIA

The setback at the front: Russian commanders in open quarrel after failed offensive

DONETSK. The latest Russian military push has ended in disaster and triggered internal strife within the army leadership. Reports from inside the Russian General Staff reveal that a coordinated attack along the front line has been repulsed, resulting in huge losses of both personnel and heavy equipment. The failure has led to the complete breakdown of relations between the frontline commanders and the Ministry of Defense in Moscow.

Several high-ranking officers are now openly accusing the ministry's leadership of sending inadequately trained soldiers directly to their deaths solely to achieve short-term political goals. At the same time, a deep demoralization is spreading among the Russian front units. Soldiers testify to an acute lack of functioning radio equipment, ammunition and modern armor support. The General Staff is now faced with the difficult choice of either aborting the offensive completely or risking a full-scale internal rebellion among the fighting units.

Source: Telegram

RUSSIA

Russia's economic crisis: Government prepares urgent coercive measures

MOSCOW. The Russian economy is teetering on the brink of a system collapse, despite the Kremlin's repeated assurances to the contrary. Behind the scenes in the Ministry of Finance, a grim reality is now being painted, where rampant inflation, shrinking foreign exchange reserves and the prolonged international sanctions have created a perfect storm. The Russian central bank has run out of conventional tools to stabilize the ruble.

To finance the huge military budget, the government is now preparing draconian and deeply unpopular coercive measures that hit the country's entrepreneurs directly. These include sharply increased taxes, mandatory government loans for large companies and strict restrictions on capital withdrawals. Economic analysts warn that these panic measures will strangle the remaining civilian consumption and lead to an acute shortage of basic goods in Russian stores before the end of the year.

Source: Telegram

RUSSIA

People's anger boils beneath the surface: Wave of protests spreads in Russian regions



ST. PETERSBURG. Popular discontent in Russia has reached a boiling point and now threatens to erupt into open unrest. Reports show that spontaneous protests and strikes have flared up in several industrial regions outside Moscow. The trigger is a combination of lost wages, poor working conditions in the defense industry and the ever-rising food prices that mean that ordinary families can no longer afford basic goods. The fact that petrol is no longer available at many stations does not make things better.

The FSB security service has raised its alert to the highest level and stepped up social media surveillance to nip any coordinated protest attempts in the bud. Despite threats of long prison sentences, relatives of mobilized soldiers continue to organize and demand that their husbands be sent home. The Kremlin now fears that the economic protests will merge with the resistance to the war and create an uncontrollable protest movement that the Russian police force will have difficulty handling.

EVENTS

TODAY

VÄHÄKYRÖ

The Vikings are coming!
Historic invasion in
Vähäkyrö

VÄHÄKYRÖ. Brace yourselves – a thrilling historic invasion is about to hit Vähäkyrö on Sunday, June 7th! The spectacular time travel begins at the mystical Kirkkosaari island (Kaavontönnkä 5), where an authentic, bustling Viking camp will be brought to life. The excitement reaches its absolute peak at 13:00 in the heart of Vähäkyrö. Swords will clash and drums will roll as the fierce Viking March roars through the streets towards the historic Kirkonmäki cultural area (Merikaarrontie 5). But fear not, this is no ordinary raid! The warriors are marching with a peaceful mission: to officially open the summer season for the local museums and the cozy summer café, Cafe Kanttorila.

Source: vaasa.fi/vahankyron-viikinkipaivat

JUNE

EVENING MUSIC

50 years of free evening music
in Vaasa – stars take over Vaa-
sa Church

June – 14 August 2026

– Every Wednesday at 7.30 pm, completely free. The evening music at the Trinity Church has been a summer classic for 50 years. And This year it is being celebrated in earnest.

The organ has its place, of course – it is, after all, one of the finest churches in Finland. But the singing, violin, piano, clarinet and cello also shine. The artists? Well-known Finnish musicians and international guest performers.

High-quality, free and open to all. So simple, so good.

Bring a friend and enjoy the bright June evenings until mid-August.

Source: Bothnia Classic

ILMAJOKI-OPERA

50th anniversary celebra-
tion in Ilmajoki: “The Great
Injustice” turns into an
opera as the year of hatred
takes the stage

ILMAJOKI (5–14 June 2026)

When the Ilmajoki Music Festival turns 50, it does so with a bang. For the first time, the festival will present “The Great Injustice” – a brand new, in-house produced opera about the horrors of hatred and the fate of our ancestors in Kyröjoki along. Behind the work is a dream team: librettist Anneli Kanto, director Tuomas Parkkinen and conductor Eero Lehtimäki. The festival has offered opera celebrations in the traditional landscapes of Southern Ostrobothnia since its founding in 1975. Now the bar is being raised considerably. Tickets are expected to sell out like hot stones in the sunshine. If you don't get there now, you'll have to wait for the next half century.

Source: <https://www.musiikkijuhlat.fi/denstoraofreden.html>

LISÄÄ LÖYLYÄ

Ten years of rock and sauna
spirit

Lisää Löylyä Rock Festival is celebrating its tenth anniversary with a bang. This time the party will move to Vaskiluoto – right where Wasalandia used to be. On stage: Sonata Arctica, Rhapsody of Fire and much more. Two days of hard rock, sweat and joy. Two-day early bird tickets are on sale for 119 euros. Sauna? Maybe not, but a steamy atmosphere is guaranteed!

• When: 12–13 June 2026

• Where: Vasklot, Vaasa (formerly Wasalandia)

ÅMINNE FOLKPARK

Early Summer Party - So-
fie Svensson Dom där and
Dom Första

Saturday 13.6.2026 at 21:00

An unforgettable evening in Åminne Folkpark.

Tickets: <http://www.netticket.fi/>

STUNDARS

Step Back in Time – Stundars
Kicks Off the 2026 Summer
Season!

History comes alive as Stundars Museum and Cultural Centre in Solf, Korsholm, officially opens its 2026 summer season. On Monday, June 22, from 11:00 AM to 4:00 PM, visitors are invited to explore a vibrant museum village filled with traditional crafts and historical charm. The opening day promises a packed program featuring skilled artisans, friendly farm animals, and an authentic look at rural life from the past. Whether you are looking for a peaceful stroll in a beautiful setting or an educational family outing, Stundars offers a unique glimpse into the soul of Ostrobothnia. Enjoy local treats at the café and soak in the atmosphere of this beloved cultural treasure. Don't miss this festive

start to the summer!

Referens: [Stundars.fi](https://stundars.fi)

JULY

DRÖMMEN

Dreams come true at Yliopisto-
puistoa

A magical day awaits when the Drömmen festival takes over Vaasa Yliopistopuisto. It's all about community, good music and a wonderful summer atmosphere. The exact list of performers is still a secret, but the organizers promise “everything you love, and a little more”. Pack a picnic blanket, bring your friends and get ready for an afternoon and evening that feels like one long burst of happiness.

• When: Saturday, July 4, 2026, 4 p.m.

• Where: Vaasa University Park, Universitetsstranden 7

BIG DAY FESTIVAL JULY 10-
11.7.2026Alan Walker heading to
Vaasa – Big Day Festival
promises huge summer
crowds

Big Day Festival 2026 is preparing for one of the biggest music weekends of the summer as international stars and Nordic favorites arrive in Vaasa this July.

The festival takes place on July 10–11, 2026, at the seaside university area in Vaasa, Universitetsstranden 7. Major acts include Alan Walker, Miriam Bryant and Mirella, alongside several Finnish and Scandinavian artists.

Organizers describe Big Day as one of Finland's largest bilingual festivals, attracting thousands of visitors every year with live music, food areas and summer atmosphere by the sea. The festival is open to all ages, while separate 18+ and VIP sections will also be available.

Ticket sales are already underway, and more artist announcements are expected before the festival weekend arrives.

Source: Big Day Festival

KORSHOLM MUSIC FESTI-
VALKorsholm Music Festival
turns 40+ – stars take over
the clear nights of the west
coast

22–31 July 2026

Warm summer evenings. Clear nights. And top-notch music. Since 1983, Korsholm Music Festival has been a chamber music festival unlike any other. The founder, cellist Seppo Kimanen, would be proud. Since 2023, cellist Jan-Erik Gustafs-son has led the festival, which attracts the cream of Finnish and international art musicians.

Experience the unique surroundings of the west coast as dusk falls. Bring a picnic basket – and a handkerchief. It can be so beautiful that it hurts.

Source: Bothnia Classic

KAAOS FESTIVAL

The metal storm returns
to Vaasa – Kaos Festivalgears up for a new inva-
sion

After last year's success, Kaos Festival is making a comeback in Vaasa – and the organizers promise even heavier names and a larger audience in the summer of 2026. The festival will be held in Vaskiluoto on 24–25 July 2026 in the old Wasalandia area, which will be transformed into a massive festival area for hard rock and metal fans from all over the Nordic region. Last year's debut attracted audiences far beyond Ostrobothnia and brought Vaasa international attention in the metal scene. Now the organizers are hoping for an even greater impact. The festival is marketed as one of the most intense metal experiences of the summer in Finland, with both international and Finnish bands on the program.

Hotel bookings in Vaasa are already expected to increase ahead of the festival weekend.

Source: Kaos Festival – <https://kaosfestival.fi/>

UUSIKAUPUNKI

Crusell Week blows in with
French elegance. The Vaa-
sa Philharmonic Orchestra
participates

Uusikaupunki will be transformed into the capital of music from 27 July to 2 August 2026 when Crusell Week takes over the city's squares, churches and auditoriums. The festival opens with Avajaispuhallus on the square (27.7 at 12 noon), and the week offers everything from the children's concert Freija to the grand Grand Concert Festif in the New Church (30.7 at 6 pm) with the Vaasa Philharmonic Orchestra and Helena Juntunen as soloist. The evenings end with lantern concerts and French tunes under the stars. Source: crusell.fi/konsertit-2026

CRUSELL WEEK IN UUSI-
KAUPUNKIHelena Juntunen leads
Crusell's big anniversary
concert

On 30 July at 6 p.m. in the New Church in Uusikaupunki, the highlight of the Crusell Week will be celebrated: the Grand Concert de Celebration. Soprano Helena Juntunen and conductor Teemu Hämäläinen lead the Vaasa Philharmonic Orchestra through Crusell's own songs and French orchestral music. A festive evening that combines classic elegance with Nordic passion. Source: crusell.fi/grand-concert-de-celebration

VASA FESTIVAL

A star-studded party by the
water

Vaasa Festival opens its doors for the eleventh year in a row – and offers a cavalcade of artists that will make your mouth water. We have already seen names like Robin Packalen, Isac Elliot and Nordman. Three days of music, food and a great atmosphere in the inner harbor. Remember that the VIP area has its own entrance, toilets and the best view of the stage. Age limit 18 years.

• When: July 30 – August 1, 2026

• Where: Vaasa city center, inner harbora

AUGUST

VAASAN MARSSI

UKRAINE PRESIDENT

Open Letter to the President of the Russian Federation from the President of Ukraine



4 June 2026 - 21:20

Open Letter

To the President of the Russian Federation

From the President of Ukraine

When you came to power in Russia more than 26 years ago, many people in Ukraine viewed you positively. That is how it was. But that is now in the past.

Now, the overwhelming majority of Ukrainians view it positively that our

long-range drones paid a visit to the opening of your forum in St. Petersburg, covering a distance of more than 1,000 kilometers. As you know very well, that distance is not the limit of our capabilities.

For 26 years, your time in power has completely changed the agenda of relations between Ukraine and Russia. From discussions about trade and other civilian matters, our nations have moved to talking almost exclusively about strikes and losses.

You have spent nearly half of your 26 years in power in Russia waging war against Ukraine.

Whatever you may say about NATO, geopolitics, or the Russian language, this war is your personal choice — a war without a real cause. That is how history will remember it.

Those years could have been very different.

We often hear that you are comfortable with this war. Of course, not in those ca-

ses when it comes to the security of your residence in Valdai or your parade in Moscow. Your own life is valuable to you.

But now we can all see that Russians are finally becoming less comfortable with this reality — with the fact that the war is bringing more and more negative consequences to Russia.

They do not like our drones and missiles.

They do not like gasoline shortages and constantly rising prices.

They do not like constant restrictions.

They do not like your intention to launch a second wave of mobilization in order to expand the war into another direction in Ukraine or to use it against other countries neighboring Russia.

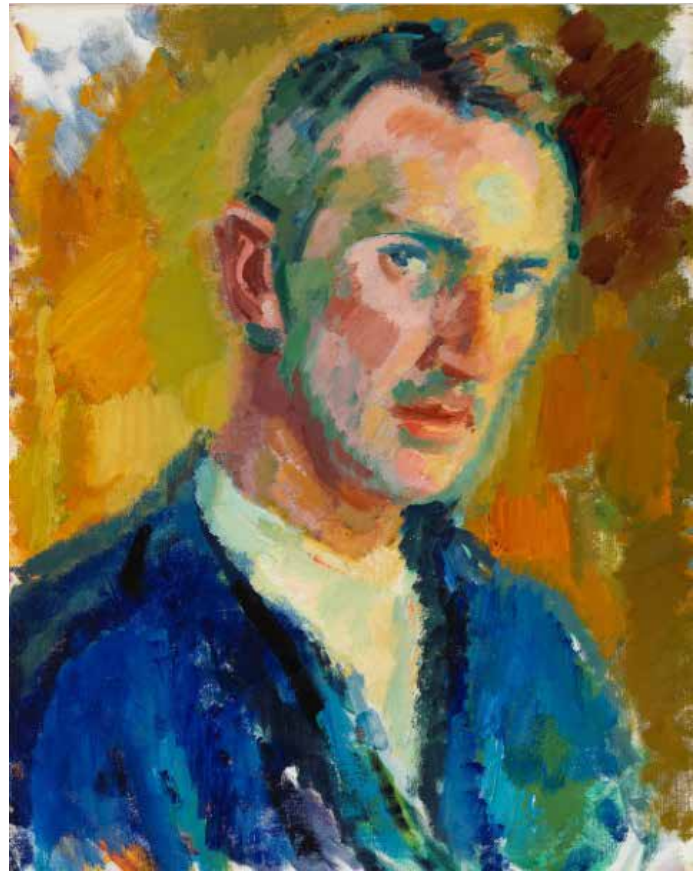
They do not like the fact that there is no end in sight to your war.

Yes, you can still force Russians to exist this way. But your resources are shrinking significantly.

READ MORE HERE:

president.gov.ua/en/news/vidkritij-list-prezidentu-rosijskoyi-federaciyi-vid-preziden-104769

ART EXPERIENCE OF THE WEEK



Magnus Enckell
9.11.1870, Hamina
27.11.1925, Tukholma
Self-Portrait, 1918
Finnish National Gallery Collection / Ateneum Art Museum
Photo: Finnish National Gallery / Hannu Pakarinen

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George Orwell 1984 Part 30

He was holding the lamp high up, so as to illuminate the whole room, and in the warm dim light the place looked curiously inviting. The thought flitted through Winston's mind that it would probably be quite easy to rent the room for a few dollars a week, if he dared to take the risk. It was a wild, impossible notion, to be abandoned as soon as thought of; but the room had awakened in him a sort of nostalgia, a sort of ancestral memory. It seemed to him that he knew exactly what it felt like to sit in a room like this, in an arm-chair beside an open fire with your feet in the fender and a kettle on the hob; utterly alone, utterly secure, with nobody watching you, no voice pursuing you, no sound except the singing of the kettle and the friendly ticking of the clock.

'There's no telescreen!' he could not help murmuring.

'Ah,' said the old man. 'I never had one of those things. Too expensive. And I never seemed to feel the need of it, somehow. Now that's a nice gateleg table in the corner there. Though of course you'd have to put new hinges on it if you wanted to use the flaps.'

There was a small bookcase in the other corner, and Winston had already gravitated towards it. It contained nothing but rubbish. The hunting-down and destruction of books had been done with the same thoroughness in the prole quarters as everywhere else. It was very unlikely that there existed anywhere in Oceania a copy of a book printed earlier than 1960. The old man, still carrying the lamp, was standing in front of a picture in a rosewood frame which hung on the other side of the fireplace, opposite the bed.

'Now, if you happen to be interested in old prints at all----' he began delicately.

Winston came across to examine the picture. It was a steel engraving of an oval building with rectangular windows, and a small tower in front. There was a railing running round the building, and at the rear end there was what appeared to be a statue. Winston gazed at it for some moments. It seemed vaguely familiar, though he did not remember the statue.

'The frame's fixed to the wall,' said the old man, 'but I could unscrew it for you, I dare say.'

'I know that building,' said Winston finally. 'It's a ruin now. It's in the middle of the street outside the Palace of Justice.'

'That's right. Outside the Law Courts. It was bombed in--oh, many years ago. It was a church at one time, St Clement Danes, its name was.' He smiled apologetically, as though conscious of saying something slightly ridiculous, and added: 'Oranges and lemons, say the bells of St Clement's!'

'What's that?' said Winston.

'Oh--"Oranges and lemons, say the bells of St Clement's." That was a rhyme we had when I was a little boy. How it goes on I don't remember, but I do know it ended up, "Here comes a candle to light you to bed, Here comes a chopper to chop off your head." It was a kind of a dance. They held out their arms for you to pass under, and when they came to "Here comes a chopper to chop off your head" they brought their arms down and caught you. It was just names of churches. All the London churches were in it--all the principal ones, that is.'

Winston wondered vaguely to what century the church belonged. It was always difficult to determine the age of a London building. Anything large and impressive, if it was reasonably new in appearance, was automatically claimed as having been built since the Revolution, while anything that was obviously of earlier date was ascribed to some dim period called the Middle



Ages. The centuries of capitalism were held to have produced nothing of any value. One could not learn history from architecture any more than one could learn it from books. Statues, inscriptions, memorial stones, the names of streets--anything that might throw light upon the past had been systematically altered.

'I never knew it had been a church,' he said.

'There's a lot of them left, really,' said the old man, 'though they've been put to other uses. Now, how did that rhyme go? Ah! I've got it!

"Oranges and lemons, say the bells of St Clement's,
You owe me three farthings, say the bells of St Martin's----"

there, now, that's as far as I can get. A farthing, that was a small copper coin, looked something like a cent.'

'Where was St Martin's?' said Winston.

'St Martin's? That's still standing. It's in Victory Square, alongside the picture gallery. A building with a kind of a triangular porch and pillars in front, and a big flight of steps.'

Winston knew the place well. It was a museum used for propaganda displays of various kinds--scale models of rocket bombs and Floating Fortresses, waxwork tableaux illustrating enemy atrocities, and the like.

'St Martin's-in-the-Fields it used to be called,' supplemented the old man, 'though I don't recollect any fields anywhere in those parts.'

Winston did not buy the picture. It would have been an even more incongruous possession than the glass paperweight, and impossible to carry home, unless it were taken out of its frame. But he lingered for some minutes more, talking to the old man, whose name, he discovered, was not Weeks--as one might have gathered from the inscription over the shop-front--but Charrington. Mr Charrington, it seemed, was a widower aged sixty-three and had inhabited this shop for thirty years. Throughout that time he had been intending to alter the name over the window, but had never quite got to the point of doing it.

HUMOUR ONE HUND-RED YEARS AGO

DANGER
Husband: “Don’t, dear Ruusastiina, hit me with that frying pan, because it might break!

DREAMS OF LUXURY.
PätÄ: What would you do if you were a millionaire?
Sam: I would buy an alarm clock, stop it from ringing at five in the morning and sleep late like the other millionaires.

TOLERANT.
The old maid, after getting into the streetcar, pretends to notice that one of the men is a little drunk. She then asks the carriage attendant whether drunk people are tolerated in the streetcar?
“You may be, miss, provided you are quiet,” he replies kindly.

TAKES CARE OF HIS WORD.
The priest (to his servant): I saw last night that the driver was in the kitchen.
The servant: He was my brother.
The priest: But you said you didn’t have are brothers.
Servant: I said last week, but the pastor explained in his sermon on Sunday that we are all sisters and brothers.

BAD RUN
Mother: — Are you going to marry our Meer? Your 30 dollar salary can’t even buy Meer enough handkerchiefs.
Suitor: Sooh,! I didn’t know Meer had such a bad runny nose.

PRACTICAL LANGUAGE.
You said you couldn’t swim. So how did you get to shore from a sinking ship?
We Italians have a habit of signing when we speak, and we started discussing how to save ourselves and soon found that we had made it to shore.

THE TRICK OF FATE
Shoplifter: It’s kind of shameless that after you’ve kept me in jail for three months for stealing an umbrella, you’re now pushing me out into the rain like this.

CARAMEL
Lill-Jan has received one large

caramel, which he immediately puts in his mouth. Immediately afterwards, he cancels his best scream, because his mouth is closed, the caramel is gone.
“What’s wrong with Lill-Jan,” asks mother. — Kajamel-len, boohää, hää hää! . . . — Have you lost the caramel? — Yes. — And mother and all the aunts start looking for it. — Where did you drop it then... — Buhää, hää — in the stomach.

MARRIED 6 DAYS
— Now we’ve been married for 6 days, and you don’t love me anymore.
— But dear Cecilia, of course I love you, but God the Father also rested on the seventh day.

FREE TELEGRAM
Mac Carty from Aberdeen is visiting the U.S.A. One

Astronomic picture of the week:



Pluto
NASA’s New Horizons spacecraft captured this high-resolution enhanced color view of Pluto on July 14, 2015. The image combines blue, red and infrared images taken by the Ralph/Multispectral Visual Imaging Camera (MVIC). Pluto’s surface sports a remarkable range of subtle colors, enhanced in this view to a rainbow of pale blues, yellows, oranges, and deep reds. Many landforms have their own distinct colors, telling a complex geological and climatological story that scientists have only just begun to decode. The image resolves details and colors on scales as small as 0.8 miles (1.3 kilometers).
NASA / Johns Hopkins University Applied Physics Laboratory / Southwest Research Institute
Public domain

BLOG WRITERS

Join Wasa Daily as a Blog Writer! Are you passionate about sharing your thoughts, stories, or expertise with the community? Wasa Daily is looking for enthusiastic blog writers to contribute engaging content for our readers.
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Contact us at wasadagblad@gmail.com for more details. We can’t wait to hear from you!

WASA DAILY

A modern newspaper with a layout with features of the press of the 1870s. Back then, newspapers had only 4-8 pages. Lots of text, but no images at all, so there’s a lot to read on a few pages. Our paper is one of the very few newspapers in English serving English-speaking inhabitants in the Ostrobotnia region
The magazine contains quotations from old daily newspapers taken from the National Archives (digi.kansalliskirjasto.fi). GPT3, Gemini, Aria and Monica do some of the routine editing work, such as translation, corrector reading, and short notice writing. All texts have been checked by journalists and the editorial staff is responsible for all the content of the texts.
Wasa Daily is a daily newspaper type publication, so far it is published on Sunday mornings. But our goal is for it to come out every morning in the future. The magazine is available online for free.
Editor-in-chief Hans Björknäs. Readers’ writings are welcome! The magazine is locally owned and will remain so. For ever!
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Email: wasadagblad@gmail.com



HOROSCOPE FOR JUNE 2026

June Horoscope – The Stars Are Mumbling (And Maybe Making Some Sense)

Aries (March 21 – April 19)
You’re ready to conquer the world – just remember to put on real pants first. June brings you adventure (or at least a new brand of toothpaste). Romance is on the horizon, possibly involving someone who thinks your sweaty gym look is “natural and compelling.”

Taurus (April 20 – May 20)
You crave stability, snacks, and soft blankets – and not necessarily in that order. In June, you may feel a strong urge to impulse-buy a cactus. Do it. Financially, you’re fine as long as you don’t walk past any store that sells vintage mugs.

Gemini (May 21 – June 20)
This month your mouth works faster than your brain. Great for party banter, less great for job interviews. Love is playful and possibly confusing. Is it flirting, or just a shared obsession with crosswords? Time will tell. Or not.

Cancer (June 21 – July 22)
Home is where your heart – and probably your laundry – is. In June, feelings run deep. You may cry at an

ad for breakfast cereal. That’s okay. Your emotional radar is strong; use it to sniff out both love and passive-aggressive neighbors.

Leo (July 23 – August 22)
June puts you center stage, even if the audience is just your cat. You radiate charm. Someone falls for you this month – possibly a barista who accidentally writes your name right. Fortune favors the bold, so dare to try karaoke again.

Virgo (August 23 – September 22)
You’ve got lists for your lists, and that’s great – until you accidentally alphabetize your sock drawer. This month urges you to loosen up. Take a walk without counting steps. Eat a cookie without Googling the ingredients. You might enjoy the chaos.

Libra (September 23 – October 22)
Balance is your thing, but June throws in a few wobbly surprises. You’ll face a dilemma involving brunch and loyalty to your favorite café. Love could blossom – or at least send you a weird emoji. Watch for signs. Or just interpret all signs creatively.

Scorpio (October 23 – November 21)
Mysterious? Always. Brooding? Maybe. Overthinking a five-word text? Definitely. June turns up the heat, romantically and otherwise. Let people in – not everyone wants to steal your secrets. Some just want to know your Wi-Fi password.

Sagittarius (November 22 – December 21)
You’re itching to travel – even if it’s just to the fancy supermarket across town. A spontaneous decision this month could lead to greatness. Or minor confusion. Either way, exciting! Love may come from a foreign land. Or a friend-of-a-friend’s dog walker.

Capricorn (December 22 – January 19)
You work hard, dream big, and sometimes forget to blink. This month, remember: even empires need coffee breaks. Someone sees your potential – probably someone in HR. Love’s possible if you stop trying to impress people with Excel spreadsheets.

Aquarius (January 20 – February 18)
You’re five steps ahead, which explains why no one knows what you’re talking about. In June, weird is your superpower. Embrace it. Someone special may finally “get” you. Or at least pretend convincingly. That counts.

Pisces (February 19 – March 20)
You’re dreaming of far-off lands and deep conversations with your houseplants. June is rich in imagination, slightly short on practicality. That’s okay. Channel your magic into a new hobby – interpretive dance, perhaps? The universe approves.



FROM OUR READERS

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail.com

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